

CHANNEL 1-2



December Issue

December 1 – December 31, 2025

What's New?

A few QR codes are back. There is a QR Code that will take you to an index with links so that you can watch any of this programming at your convenience. You can also go to the website below the QR Code.

We thought you'd like a Flashback Experience that you can plan around. Flashbacks will be one hour in length, similar to most of our other programming. If you want to see a "longer" Flashback in its entirety, you will have to access it using the QR Code or the website.

Wednesday meetings ADMIN TOWN HALL and RESIDENT COUNCIL videos will play about 14 days after the meetings.



On-Demand TV

If you would like to watch any of the programming listed in this TV Guide at your convenience, use the QR code shown here or go to www.BeatitudesCampus.net/TV

Programs Changed Weekly

- MEET THE TEAM
- HOW IT WORKS

Programs Added as Available

- CATHOLIC MASS
- SUNDAY MORNING WORSHIP
- MUSICAL PERFORMANCE VIDEOS
- SPECIAL NOTICES
- EXERCISE VIDEOS
- READERS THEATER

Programs Changed Monthly

- ADMIN TOWN HALL MEETING
- RESIDENT COUNCIL MEETING
- TUESDAY NIGHT OWL THEATER

Programs Changed Quarterly

- LATE EVENING 6 HOUR MUSIC
- NEW RESIDENT INFO VIDEO

Programs Changed Periodically

- VIDEO ROADRUNNER EXTRA
- WELCOME COMMITTEE VIDEO
- MORNING WAKEUP MUSIC

Every-Day Broadcasts

- 11:30 AM – BEATITUDES FLASHBACKS
- 10:00 & 12:30 – EXERCISE CLASS 1
- 10:45 & 1:15 – EXERCISE CLASS 2
- 6:00 – LATE AFTERNOON EXERCISE

CHRISTMAS PROGRAMMING

At 7:00 pm watch for different versions of Christmas Carol, as well as a Christmas Lights tour as we approach Christmas. Night Owl Theater will also feature Christmas Programs.

Sunday

7:00 – CHOIR PERFORMANCES
8:00 – LLL HOW IT WORKS
9:00 – L1 AARP MORNING STRETCH
10:00 – L2 STRENGTH & BALANCE
10:45 – L3 CORE & CONDITIONING
11:30 – ONE HOUR FLASHBACKS
12:30 – L2 STRENGTH & BALANCE
1:15 – L3 CORE & CONDITIONING
2:00 – NEW RESIDENT AI VIDEO
3:00 – ADMIN TOWN HALL
4:30 – RESIDENTS COUNCIL
6:00 – L3 CORE & CONDITIONING
7:00 – CHRISTMAS PROGRAMMING
9:00 – OUTSIDE ENTERTAINERS
10:00 – HOW IT WORKS
11:00 – ONE HOUR FLASHBACKS
11:58 – SIX HOURS QUIET MUSIC

Monday

7:00 – RESIDENT MUSIC
8:00 – LLL MEET THE TEAM
9:00 – L1 AARP MORNING STRETCH
10:00 – L3 CORE & CONDITIONING
10:45 – L1 CHAIR YOGA
11:30 – ONE HOUR FLASHBACKS
12:30 – L3 CORE & CONDITIONING
1:15 – L1 CHAIR YOGA
2:00 – NEW RESIDENT AI VIDEO
3:00 – HOW IT WORKS
4:00 – ADMIN TOWN HALL
5:30 – RESIDENTS COUNCIL
7:00 – CHRISTMAS PROGRAMMING
9:00 – MUSIC PLAZA CLUB
10:00 – MEET THE TEAM
11:00 – ONE HOUR FLASHBACKS

11:58 – MUSIC BEAD LIZARD 2 HOURS

Tuesday

7:00 – PLAZA VIEW SING ALONG
8:00 – OUTSIDE ENTERTAINERS
9:00 – L1 AARP MORNING STRETCH
10:00 – L2 SIT AND BE FIT
10:45 – L4 FITNESS TRAINING CAMP
11:30 – ONE HOUR FLASHBACKS
12:30 – L2 SIT AND BE FIT
1:15 – L4 FITNESS TRAINING CAMP
2:00 – BE INFORMED – **LIVE**
3:00 – MEET THE TEAM
4:00 – BE INFORMED – REPLAY
6:00 – L1 CHAIR YOGA
7:00 – ADMIN TOWN HALL
8:30 – HOW IT WORKS
9:30 – MUSIC RESIDENTS
10:30 – BE INFORMED – REPLAY
11:58 – NIGHT OWL THEATER

CHRISTMAS PROGRAMMING

Wednesday

7:00 – KEYBOARD JAM
8:00 – MUSIC PLAZA CLUB
9:00 – L1 AARP MORNING STRETCH
10:00 – L1 CHAIR YOGA
10:45 – L3 CORE & CONDITIONING
11:30 – ONE HOUR FLASHBACKS
12:30 – L1 CHAIR YOGA
1:15 – L3 CORE & CONDITIONING
2:00 – BE INFORMED – REPLAY
3:00 – HOW IT WORKS
4:00 – BE INFORMED – REPLAY
6:00 – L3 CORE & CONDITIONING
7:00 – ADMIN TOWN HALL

8:30 – RESIDENT COUNCIL
9:30 – MUSIC PV SING ALONG
10:30 – ONE HOUR FLASHBACKS
11:58 – BEADED LIZARD 2 HOURS

Thursday

7:00 – OUTSIDE PERFORMERS
8:00 – MUSIC PIANO HARP JAM
9:00 – LC CATHOLIC MASS
Catholic Mass is live Sunday at 9:30 on Channel 1–3

10:00 – L3 TAIJI QUAN
10:45 – L2 STRENGTH & BALANCE
11:30 – ONE HOUR FLASHBACKS
12:30 – L3 TAIJI QUAN
1:15 – L2 STRENGTH & BALANCE
2:00 – BE INFORMED – REPLAY
3:00 – LC SUNDAY WORSHIP
Sunday Worship is live Sunday at 3:00 on Channel 1–3
4:00 – NEW RESIDENTS ZOOM INFO VIDEO
6:00 – L2 STRENGTH & BALANCE
7:00 – CHRISTMAS PROGRAMMING
9:00 – ONE HOUR FLASHBACKS
11:58 – SIX HOURS OF QUIET MUSIC

Friday

7:00 – BEADED LIZARD FEATURE ACT
8:00 – MUSIC PV SING ALONG
9:00 – LC CATHOLIC MASS
Catholic Mass is live Sunday at 9:30
10:00 – L3 CORE & CONDITIONING
10:45 – L1 SIT AND BE FIT
11:30 – ONE HOUR FLASHBACKS
12:30 – L3 CORE & CONDITIONING
1:15 – L1 SIT AND BE FIT
2:00 – BE INFORMED – REPLAY
3:00 – LC SUNDAY WORSHIP
Sunday Worship is live Sunday at 3:00 on Channel 1–3

4:00 – NEW RESIDENTS ZOOM INFO VIDEO
5:00 – READERS THEATER
6:00 – L3 CORE & CONDITIONING
7:00 – CHRISTMAS PROGRAMMING
9:00 – OPEN PROGRAMMING
10:00 – MUSIC PIANO HARP JAM
11:00 – ONE HOUR FLASHBACKS
11:58 – MUSIC BEAD LIZARD 2 HOURS

Saturday

7:00 – RESIDENT PERFORMERS
8:00 – MEET THE TEAM
9:00 – ONE HOUR FLASHBACKS
10:00 – L1 WORKOUT WITH WALKERS
10:45 – L2 STRENGTH & BALANCE
11:30 – ONE HOUR FLASHBACKS
12:30 – L1 WORKOUT WITH WALKERS
1:15 – L2 STRENGTH & BALANCE
2:00 – OPEN PROGRAMMING
3:00 – ADMIN TOWN HALL
4:30 – RESIDENTS COUNCIL
6:00 – L1 CHAIR YOGA
7:00 – CHRISTMAS PROGRAMMING
9:00 – MUSIC BEAD LIZARD
10:00 – READERS THEATER
11:00 – ONE HOUR FLASHBACKS
11:58 – SIX HOURS OF QUIET MUSIC

How it Works and Meet the Team are both aired throughout the week. Topics and people to meet are changed on a weekly basis.

Please give feedback and suggestions for this guide to Robert Andrews or Cynthia Cielle

Obscure Facts About Christmas that you might not have known

The tradition of eating KFC for Christmas dinner is hugely popular in Japan, with orders placed months in advance.

Jingle Bells was originally written for Thanksgiving, not Christmas.

The first artificial Christmas tree was made in Germany from dyed goose feathers.

In Ukraine, it's traditional to decorate Christmas trees with artificial spider webs for good luck.

The Dutch figure Sinterklaas arrives in the Netherlands by steamboat from Spain.

Tinsel was originally made from real silver, which tarnished over time.

In Poland, finding a spider web on Christmas morning is considered good luck.

Rudolph the Red-Nosed Reindeer was created by a Montgomery Ward copywriter as a marketing gimmick.

The abbreviation "Xmas" is not disrespectful - X is the Greek letter Chi, which is the first letter in Christ's name in Greek.

Santa Claus has different names in over 40 languages.

In Czech Republic, single women throw shoes over their shoulders on Christmas - if it lands pointing toward the door, they'll marry within the year.

The poinsettia plant is named after Joel Poinsett, the first US Ambassador to Mexico.

Oklahoma was the last US state to declare Christmas a legal holiday in 1907.

In Belgium, children leave out shoes filled with carrots for St. Nicholas's horse.

In South Africa, fried caterpillars are a traditional Christmas food.

In Australia, Santa sometimes arrives on a surfboard.

In Ethiopia, Christmas is called Ganna and is celebrated on January 7th with a game similar to hockey.

In Greenland, Christmas meals often include mattak - raw whale skin with blubber.

The tallest living Christmas tree is a 122-foot Douglas fir in Washington state.

In Portugal, families set extra places at the dinner table for deceased relatives.

The Christmas season traditionally ends on January 6th, the Epiphany.

More diamonds are purchased around Christmas than any other time of year.

In India's Kerala state, Christians decorate mango and banana trees for Christmas.

In Estonia, people visit saunas and believe that sauna elves bring gifts.

Silent Night was first performed on guitar because church mice

had chewed through the organ bellows.

In Mexico, poinsettias are known as "Flores de Noche Buena" or Flowers of the Holy Night.

The world's most expensive Christmas tree was valued at over \$11 million and decorated with jewels in Abu Dhabi.

In Serbia, children tie up their mothers on the second Sunday before Christmas until she gives them presents.

The original Frosty the Snowman was a fairy tale character before becoming a song.

Mistletoe berries are poisonous to humans and pets.

The North American Aerospace Defense Command (NORAD) tracks Santa's journey each Christmas Eve.

The Twelve Days of Christmas gifts would cost over \$200,000 if purchased today.

In Slovakia, the head of the family throws a spoonful of Christmas pudding at the ceiling - the more that sticks, the better the harvest.

In Russia under Soviet rule, Christmas was banned and Grandfather Frost delivered gifts on New Year's instead.

The first Christmas celebrated in space was aboard Apollo 8 in 1968.

Christmas trees didn't become popular in America until the 1850s.